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## **MANISHAPAL**

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### **Objective**

To develop professional skills in the field of social work and population sciences, to help all those in need, and focus on research to understand the in-discriminatory factors and above all to work for the upliftment of society.

### **Work experience**

- Presently working as a Assistant Professor in Department of Social Work, Aditi Mahavidyalaya, University of Delhi. (2013 to Till now)
- Worked as a Research Assistant in, center for community medicine, All India Institute of Medical Sciences (AIIMS), New Delhi. (2010-2012)
- Worked in All India Women Conference (AIWC), New Delhi. (2010)

### **Academic qualification**

- Passed Xth from C.B.S.E. in 2003
- Passed XIIth from C.B.S.E in 2005

### **Professional qualification**

- B.A (H) Social Work from Delhi University ( 2008)
- Master in Social Work from BPSW University (2010)
- Masters in Population Studies from IIPS, Mumbai(2013)
- UGC-NET in Social work and Population studies

### **Professional memberships**

- Member of National Association for Profesional Social Workers in India (NAPSWI).
- Discipline committee
- Prize distribution committee
- Anti-sexual harasment committee
- Coordinated on special ocssion in the canteen committee, Antardhvani
- NAAC Committe
- Annual Day Committee

- Antardhwani
- NSS Committee
- Enabling Committee
- Prospectus Committee
- Annual Report Committee
- Internal Assessment Committee
- SC/ST Cell

### **Publication**

- Chapter entitled “Secular attitudes and participation in social and political activities: A study of Indian youth” published in an edited book title *contemporary issues in population and development in India* by ‘MLC Foundation SHYAM’ Institute Population and Development Research Centre Bhopal 2014-2015, with ISBN NO. 978-93-82411-08-6.
- Paper entitled “Prevalence of Drug Abuse among Street Children in Delhi” published in BSSS Journal of Social Work ISSN-0975-251X, Volume (VI) ,Issue-1 Year-2014 of the journal
- Chapter entitled “Family life Education in the content of HIV/AIDS” in an edited book title *Fighting HIV/AIDS The Gracious Way* by ‘Uppal Publishing House, 2016 with ISBN No. 978-81-7658-083-0.

### **Internal Article Reviewed**

- “An analysis of Active Labour Market Policies in France and the UK, 2010-14,” International Journal of Sociology and Social Policy (IJSSP-01-2015-0013)

### **Paper presentations**

- Presented paper entitled “Secular attitudes and participation in social and political activities: A study of Indian youth” at 35<sup>th</sup> annual conference IASP, 2013.
- Presented paper entitled “Prevalence of premarital sex among unmarried men and its consequences in India: Implications for social work interventions” in association with Mr. Mukund Upadhyay at 1<sup>st</sup>, Indian social work congress 2013.
- Paper accepted for poster presentation entitled “Secular attitudes and participation in social and political activities: A study of Indian youth”, in Population Association of America (PAA) 2014

### **Project work**

- The prevalence of drug abuse among street children: A comprehensive study of boys and girls in Delhi.( MSW, 2010).

- Maternal Health Care Seeking Behavior among women in Ghatla Village, Mumbai in IIPS.(MPS, 2013).

### **Field work Experience**

- I have done my Block Placement in **SALAM BALAK TRUST** and worked with the Street and Working Children at the Railway Station.(2008)
- As a trainee worked in AIIMS Delhi, worked with the patients and helped the poor patient through the counselling, etc.(2009)
- Conducted training in All India Women Conference, New Delhi.(2010)

### *Rural Community:-*

- Worked on sanitation, education. Awarred people and organised many workshops and deliver lectures on many topics like insanitation problem, female foeticide etc.
- Promoted self help group in the village, motivated the community people for S.H.G

### *Prerna Organisation:-*

- Worked with the women and children in the community on nutrition and health.
- Conducted many sessions in the slum community on education, sanitation, health and hygiene, female foeticide, HIV/AIDS, family planning etc to aware the community people and to motivate them.
- Worked under the two projects Reproductive and child health (RCH) ,J.S.Y
- Networking with other organisations and also worked with the dropout schoolchildren and not school going children.

### *Asha Kiran, Rohini, Delhi:-*

- Worked with the Mentally Challenged People
- Organized groups and conducted different sessions on confidence building.
- Provided counselling to inmates having problem in adjusting themselves.
- Organized different cultural programmes for the entertainment and social development of the inmates.
- Made home visits for understanding the problems of the clients.
- Networking with the other organisations.

### *Deepalaya:--*

- Worked with the street and working children.
- Organized session on HIV/AIDS, Adolescence needs and problems, life skills, importance of childhood and impact of community on the social development of the child.
- Conducted survey on identification of needs of the youth for vocational training.

- Made home visits to understand the problems of students.

*Caring Foundation:-*

- Worked with the children and women in the slums.
- Conducted sessions in the **Non Formal Education**. Interacted with community people to understand their needs and problem and organised many camps.

**Additional information**

- Participated in many events of the college and in organisations, like Street Plays, National social services, Self-Defence Training etc.
- Won various prizes in competitions like on street play and other extra curricular activities
- Worked as a volunteer in the Shroff Charity Eye Hospital.

**Area of interest**

Population studies, women, adolescents, youth and children, health.

**Linguistic proficiency**

English, Hindi and Awadhi

**Positive assets and strength**

Confidence, team management, leadership, communication skills.

**Skills**

- M.S office (word, excel, power point)
- Acquainted with these softwares : SPSS, STATA, SPECTRUM, MORTPACK,
- Internet: Email handling
- Professional skills in the field of social work helped me to realise the needs of people and indiscrimination and above all to come out as a good human being.
- Attended short term training on Qualitative research methods in medical and health research, in Indian institute of public health (IIPH), Gandhinagar Ahmedabad.

**Additional professional activities**

- Conducted session with the women on health and nutrition. The sessions were highlighted by the news coverage by Danik Jagran and Hari Bhumi.

- Took session on drug abuse with the students. The sessions were highlighted by the news coverage by Danik Jagran.
- Invited as resource person for lecture on maternal and child health (Prenatal and postnatal care) in Smile foundation organization, New Delhi.
- Invited for lecture on STI/RTI/HIV/AIDS in Smile foundation organization, New Delhi.
- Organized hand wash awareness campaign in Govt. Schools of Delhi with collaboration of World Without Obstacles organization.

**Personal details**

Father's Name : Sh. Shyam Lal  
Mother's Name : Smt Ramawati  
Date of birth : March 25th, 1988  
Marital Status : Single

I, hereby declare that all the above information provided by me are true and correct to the best of my knowledge.

**(Manisha Pal)**