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# Varsha Pandurang Nagargoje

Doctoral Fellow

## SUMMARY

A demographer and geographer with more than six years of experience in research and analysis. Currently working in the domain of aging for my Ph.D. thesis. Acquired skills in quantitative and qualitative research techniques while working on various large-scale projects in social science. Proficient oral and written communication skills in English. Enthusiastic, self-motivated problem solver who can work effectively within a multidisciplinary team and has a keen interest in enhancing competency in the demographic field.

## EDUCATION

<b>Doctor of Philosophy (Ph.D.), Population Studies</b>	Nov '18 - Present
<b>International Institute for Population Sciences</b>	Mumbai, IN
<b>Master of Philosophy (M.Phil.), Population Studies</b>	Jul '14 - May '15
<b>International Institute for Population Sciences</b>	Mumbai, IN
<b>Master of Population Studies (MPS)</b>	Aug '12 - Jun '13
<b>International Institute for Population Sciences</b>	Mumbai, IN
<b>Master of Arts (M.A.), Geography</b>	Jul '08 - Jun '10
<b>Savitribai Phule Pune University</b>	Pune, IN
<b>Bachelor of Arts (B.A.), Geography</b>	Jun '04 - May '08
<b>Solapur University, Solapur</b>	Solapur, IN

## PROFESSIONAL EXPERIENCE

<b>Project Officer (Research)</b>	Sep '18 - Nov '18
<b>International Institute for Population Sciences</b>	Mumbai, IN
Process Evaluation and Concurrent Monitoring of the Pradhan Mantri Matru Vandana Yojana (PMMVY)	
<b>Data Analyst</b>	Oct '17 - Jan '18
<b>International Institute for Population Sciences</b>	Mumbai, IN
Baseline Survey for SWABHIMAAN Women's Nutrition Demonstration Programme Phase-1	
<b>Project Coordinator</b>	Nov '16 - Oct '17
<b>International Institute for Population Sciences</b>	Mumbai, IN
Baseline Survey for SWABHIMAAN Women's Nutrition Demonstration Programme Phase-1	
<b>Project Officer (Research)</b>	May '15 - Nov '16
<b>International Institute for Population Sciences</b>	Mumbai, IN
Longitudinal Ageing Study in India (LASI) Wave-1	

## PUBLICATIONS & WORKING PAPERS

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- **Nagargoje, V. P.**, James, K. S., & Muhammad, T. (2022). Moderation of marital status and living arrangements in the relationship between social participation and life satisfaction among older Indian adults. *Scientific Reports*, 12(1), 1-14. <https://doi.org/10.1038/s41598-022-25202-5>
- Hossain, B., **Nagargoje, V. P.**, Sk, M. I. K., & Das, J. (2022). Social exclusion and mental health among older adults: cross-sectional evidence from a population-based survey in India. *BMC psychiatry*, 22(1), 1-12. <https://doi.org/10.1186/s12888-022-04064-1>
- Hossain, B., James, K. S., **Nagargoje, V. P.**, & Barman, P. (2021). Differentials in private and public healthcare service utilization in later life: do gender and marital status have any association? *Journal of Women & Aging*, 1–11. <https://doi.org/10.1080/08952841.2021.2011562>
- Hossain, B., Yadav, P. K., **Nagargoje, V. P.**, & Vinod Joseph, K. J. (2021). Association between physical limitations and depressive symptoms among Indian elderly: marital status as a moderator. *BMC Psychiatry*, 21, 573. <https://doi.org/10.1186/s12888-021-03587-3>
- Chattopadhyay, A., Sethi, V., **Nagargoje, V. P.**, Saraswat, A., Surani, N., Agarwal, N., Bhatia, V., Ruikar, M., Bhattacharjee, S., Parhi, R. N., Dar, S., Daniel, A., Sachdev, H. P. S., Singh, C. M., Gope, R., Nath, V., Sareen, N., De Wagt, A., & Unisa, S. (2019). WASH practices and its association with nutritional status of adolescent girls in poverty pockets of eastern India. *BMC Women's Health*, 19, 89. <https://doi.org/10.1186/s12905-019-0787-1>
- Nagargoje V.P., James, K. S., Dilip T.R. (Working paper) Urban-rural differentials in pattern of financial transfers between generations in India: A study based on LASI wave-1, 2017-18.
- Nagargoje V.P., Prasad J., James, K. S., Dilip T.R. (Working paper) Role of family structure in the pattern of financial transfers between generations in India: A gender-based perspective

## NATIONAL AND INTERNATIONAL CONFERENCES

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- Oral presentation on the topic entitled "**Intergenerational financial transfers of older adults in India: Evidence from Longitudinal Ageing Study in India wave-1**" at the 5th Edition of Aging and Gerontology conference during 24-25 October 2022.
- Poster presentation on a topic entitled "**Dynamics of Work and Job Seeking Behavior of Slum Dwelling Women of Mumbai City**" in 5th APA conference held during 3-5 August 2021.
- Awarded with **Dr. C. Chandrasekharan Young Scientist Award** for the oral presentation on a topic entitled "**Measuring the Perception of Women towards Participation in Employment in Slum dwellings of Mumbai City**", in 37th IASP Annual Conference on population and sustainable development at IEG, Delhi, India held during 7-9 December 2016.
- Oral presentation & participation for the Best Paper on a topic entitled "**Dynamics of Women's Work and Challenges: A Study of Slum Dwelling Women in Mumbai**" in International Conference on Women Studies & Social Sciences at Carmel College of Arts, Science & Commerce for Women, Nuvem, Goa, India held during 3-5 March 2016.
- Poster presentation on a topic entitled "**Perception of women towards participation in employment: A Study on Mumbai's Slum Women**" in 13th IASSH Annual Conference on Health and Development: Research, Practice, and Policy at the University of Kerala, Thiruvananthapuram, India held during 10-12 December 2015.
- Oral presentation on a topic entitled "**Understanding the Health Providers' Responsiveness Towards Tobacco Cessation Efforts in India**", in 36th IASP National Seminar on population, health, and development at the University of Kerala, Thiruvananthapuram, Kerala held during 7-9 November 2014.

## RESEARCH WORK/DISSERTATION

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- **Varsha Nagargoje (2013)**. "**Understanding the health providers' responsiveness towards tobacco cessation efforts in India**". A research paper was submitted for the partial fulfillment of the Master of Population Studies at the International Institute for Population Sciences, Mumbai, India.
- **Varsha Nagargoje (2014-15)**. "**Dynamics of Women's Work in Mumbai Slums**". Dissertation submitted for the partial fulfillment of the Master of Philosophy at International Institute for Population Sciences, Mumbai, India.

## WORKSHOPS AND TRAININGS

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- Attended Venice International University's Summer Institute on Ageing under the theme of Global Ageing: Low- and Middle-Income Country Challenges with a full-funded scholarship organized at San Servolo, Venice, Italy between 13-17 June 2022.
- Participated in a one-day online workshop on "Introduction of Human Mortality Database" organized by IIPS, India in collaboration with MPIDR, Germany on 9th September 2021.
- Accomplished an online workshop on "Analytical Techniques for Statistical Analysis in Mental Health" organized by NDDTC, AIIMS, New Delhi, during 15-23, July 2021.
- Participated in an online workshop on "Introduction to R: Demographic and Spatial Analysis" organized by IIPS, India in collaboration with MPIDR & FIPR, Germany during 5-9 April 2021.
- Attended online workshop on "Data Analysis with R Programming" organized by Meghnad Desai Academy of Economics, Pune from 29th October to 1st November 2020.
- Attended workshop on "Short-Term Course on Statistical Techniques Using R Software" organized by NIT, Hamirpur during 9-14, December 2019.
- Completed the short-term course on "Qualitative Methods in Labour Research" organized by the V.V. Giri National Labour Institute, Noida during January 07-18, 2019.
- Workshop on "Scientific Writing" sponsored by IIPS Alumni Association (IIPSAA) during December 20-24, 2018.
- Invited as Resource Person for the one-day training session on the application of statistical tests using STATA for the employees of SNEHA organization held on January 11, 2018.
- Attended workshop on "GIS and its Applications" organized by Population, Human Settlement and Environment (Pop-Envis) project of Ministry of Environment and Forests (MoEF) GoI during July 16-22, 2014.
- Attended workshop on "Environmental Sustainability and Modelling" organized by Population, Human Settlement and Environment (Pop-Envis) project of Ministry of Environment and Forests (MoEF) GoI during May 13-15, 2014.

## MEMBERSHIP OF ACADEMIC ASSOCIATIONS

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- Lifetime member: Indian Association for the Study of Population (IASP)
- Lifetime member: IIPS Alumni Association (IIPSAA)
- Student member: International Union for the Scientific Study of Population (IUSSP)
- Student member: Asian Population Association (APA)

## TECHNICAL SKILLS

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SPSS, STATA, R-Studio, QGIS, GeoDa, ArcGIS, Microsoft Office, ATLASi, CSPro

## SKILL HIGHLIGHTS

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Scientific writing

~ *Research papers*

~ *Report writing*

~ *Designing survey manuals*

Designing research tools

Leading field research project

Data management & analysis

Team player and quick adaptability

## RESEARCH INTERESTS

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Ageing, Health & Wellbeing

Gender and Development

Environmental Issues

## GRANTS AND AWARDS

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**Awardee of full scholarship** for attending Summer Institute on Ageing (June 2022) by Venice International University, Venice, Italy

**Granted Government of India Fellowship** for pursuing Ph.D. in Population Studies (2018-present)

**Dr. C. Chandrasekharan Young Scientist Award** for best paper presentation in 37th IASP conference, 2016

**Granted Government of India Fellowship** during M. Phil. (2014-15) & MPS (2012-13)

## ADDITIONAL DETAILS

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**DOB:** 8th June, 1987

**Nationality:** Indian

**Languages:** English, Hindi, Marathi (Mother-Tongue)

**Address:** 502 B, Sai Aamrai,  
Shri Sainath Developer,  
Opp. Ashok Leyland,  
Sr. No. 2, Ambegaon BK  
Pune, 411046  
Maharashtra, India

## REFEREES

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**Dr. K. S. James**

Director & Sr. Professor

International Institute for Population Sciences (IIPS),  
Mumbai, India.

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**Dr. Dilip T R**

Associate Professor

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Mumbai, India.

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**Dr. T.V. Sekher**

Professor & Head

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