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| Enu Anand, PhDProfileResults-driven research professional with over ten years of experience in monitoring, evaluation, and research across diverse sectors of demography, including public health, Gender, WASH, nutrition, and education. Expertise in developing impact evaluation frameworks and implementing data-driven strategies to enhance program effectiveness. Proficient in data analysis using tools such as Stata, SPSS, and Power BI, coupled with a strong foundation in scientific writing and qualitative research methodologies. Committed to generating actionable insights that inform policy recommendations and drive positive community outcomes. Adept at collaborating with multidisciplinary teams to achieve project goals and foster sustainable development initiatives.Employment History**Assistant Professor (Research), Goa Institute of Management**26 MAY 2025 — Present**Program Manager, IIT Bombay DRF**01 APRIL 2025 — 30th APRIL 2025**Consultant Evaluation, Breakthrough Trust, Delhi**1 MARCH 2025 — 31st MARCH 2025**Independent Consultant, Mumbai**SEPTEMBER 2024 — FEBRAUARY 2025**Research Specialist- Monitoring, Evaluation and Research, Swades Foundation, Mumbai**MAY 2021 — AUGUST 2024* Led research and evaluation initiatives across health, nutrition, education, WASH, economic development, and women’s empowerment programs.
* Developed and implemented impact evaluation frameworks and monitoring systems.
* Collaborated with Dalberg and Bridgespan on data-driven policy recommendations.
* Conducted advanced data analysis using Stata, SPSS, and Power BI to assess program effectiveness.

Key achievements-* *Led the COVID research study to understand the "Hesitancy of rural and tribal people in Raigad towards the uptake of COVID vaccination", which resulted in a news article in TOI and appreciation from the Collector of Raigad.*
* *Customized  & Implemented a Multi-dimensional poverty index model for the organization to measure the poverty alleviation status.*
* *Implemented a Monthly Per-capita expenditure model instead of income-based calculations to understand the economic status change of beneficiaries.*
* *Conducted ASER assessment of students to understand the learning levels of children and education gaps in our intervention areas.*
* *Developed mental poverty assessment toolkit.*
* *Conducted a research study to understand the acceptance and challenges of the community in utilizing the Public Health Centers (PHC) for their health needs.*
* *Developed donor-specific impact assessment reports.*
* *Coordinated a team of management trainees & research assistants to ensure timely completion of research tasks.*
* *Conducted research and analysis to identify and assess needs, gaps, and opportunities for program improvement.*
* *Developed research instruments and surveys to collect, analyze, and interpret data from internal and external sources*

Data Analyst and Technical writer, Comprehensive National Nutrition Survey (CNNS), IIPS, Mumbai, MumbaiOCTOBER 2019 — MARCH 2021* Developed a research protocol for a national-level survey on Low Birth Weight children at the household and community levels.
* Conducted statistical analysis using NFHS, DHS, CNNS, HMIS and Census of India data to inform policy interventions regarding Low Birth Weight Children.
* Authored research papers and technical reports and presented findings to key stakeholders.
* *Sahoo, Harihar, Preeti Dhillon, Enu Anand, Anjula Srivastava, Mohd Usman, Praween K. Agrawal, Robert Johnston, and Sayeed Unisa. "Status and correlates of non-communicable diseases among children and adolescents in slum and non-slum areas of India's four metropolitan cities." Journal of Biosocial Science (2023): 1-22.*
* *Unisa, Sayeed, Preeti Dhillon, Enu Anand, Harihar Sahoo, and Praween K. Agarwal. "Data quality of birthweight reporting in India: Evidence from cross-sectional surveys and service statistics." SSM-Population Health 19 (2022): 101220.*

Data Analyst, Swabhimaan, IIPS/UNICEF MumbaiOCTOBER 2018 — SEPTEMBER 2019* Conceived and developed a cohort study on the relationship between pre-pregnancy body mass index and gestational weight gain and its impact on the birth weight of newborns. Sought IRB approval and sought GOI grant for the research project.
* Worked on a research paper on the nutritional status of tribal women in Jharkhand and Odisha.
* Capacity building of investigators for data collection in Purnia, Bihar.
* Prepared and Led the qualitative in-depth interview and FGD guidelines for the ANM, ASHA, Married women, and Young adolescent girls to understand their nutritional status change as an effect of Swabhimaan interventions.

Senior Research Officer, Family Health and Wealth Study Project, John Hopkins & IIPS, MumbaiJUNE 2013 — JUNE 2014Prepared factsheet and research insights on Family Wealth and Health Research Study, generated socioeconomic and demographic indicators and anthropometric measures.Education**Doctor of Philosophy, International Institute for Population Sciences, Mumbai**JUNE 2014 — JANUARY 2020* Thesis: ***Marriage Patterns and Squeeze in Low Sex Ratio States in India: Change and Response through Migration and Preferences***
* Research Focus: Nuptiality patterns, marriage squeeze, and marriage migration in India
* Methodologies: Mixed-methods approach, census data analysis, gravity modelling, and qualitative interviews.

**Master of Philosophy, International Institute for Population Sciences, Mumbai**AUGUST 2012 — JUNE 2013* Thesis: ***Intimate Partner Violence (IPV) in South Asia: Prevalence, factors and consequences.***
* Published research papers encompassing IPV, factors and its consequences on women's reproductive health and presented at international conferences

**Master of Population Studies, International Institute for Population Sciences, Mumbai**AUGUST 2011 — JUNE 2012* Dissertation: ***Menstrual Hygiene Practices and its Association with Reproductive Tract Infections and Abnormal Vaginal Discharge among Women in India.***
* Published multiple research papers and presented at international conferences

**MA in Population Education and Rural Development, University of Lucknow, Lucknow**AUGUST 2009 — JUNE 2011InternshipsIntern at National Institute of Public Cooperation and Child Development (NIPCCD), BangaloreJUNE 2010 — JULY 2010* Supported training programs and workshops on child rights, nutrition, and women’s empowerment.
* Assisted in analysis and report writing on key issues related to child nutrition.
* Assisted in research and documentation on child welfare policies, early childhood development, and community-based programs.
* Assisted in conducting field visits and interacted with stakeholders, including NGOs, Anganwadi workers, and community members, to understand grassroots implementation of child development schemes

Research InterestsDemography, Data Quality, Gender, Public Health, NCD's, Hygiene & Sanitation, Fertility, Migration, Gender based violence Publications*1.Sahoo, Harihar, Preeti Dhillon,* ***Enu Anand,****Anjula Srivastava, Mohd Usman, Praween K. Agrawal, Robert Johnston, and Sayeed Unisa. "Status and correlates of non-communicable diseases among children and adolescents in slum and non-slum areas of India's four metropolitan cities." Journal of Biosocial Science (2023): 1-22.**2.Unisa, Sayeed, Preeti Dhillon,* ***Enu Anand****, Harihar Sahoo, and Praween K. Agarwal. "Data quality of birthweight reporting in India: Evidence from cross-sectional surveys and service statistics." SSM-Population Health 19 (2022): 101220.**3.Usman, Mohd,****Enu Anand,*** *Saddaf Naaz Akhtar, Srikanth Reddy Umenthala, Tarique Anwar, and Sayeed Unisa. "Prevalence and correlates of alcohol and tobacco consumption among research scholars: evidence from a cross-sectional survey of three Indian universities." Drugs, Habits and Social Policy 23, no. 2 (2022): 140-155.**4.Usman, Mohd,****Enu Anand,*** *Laeek Siddiqui, and Sayeed Unisa. "Continuum of maternal health care services and its impact on child immunization in India: an application of the propensity score matching approach." Journal of Biosocial Science 53, no. 5 (2021): 643-662.**5.****Enu Anand****, Sayeed Unisa, and Jayakant Singh. "Intimate partner violence and unintended pregnancy among adolescent and young adult married women in South Asia." Journal of biosocial science 49.2 (2017): 206-221.**6.****Enu Anand****, Jayakant Singh, and Sayeed Unisa. "Menstrual hygiene practices and its association with reproductive tract infections and abnormal vaginal discharge among women in India." Sexual & Reproductive Healthcare 6.4 (2015): 249-254.**7.Jayakant Singh, and* ***Enu Anand****. "Identifying socio-economic barriers to hygienic menstrual absorbent use among unmarried girls in the impoverished states of India." Social Science Spectrum 4.1 (2018): 45-55.**8.* ***Enu Anand,*** *and Jayakant Singh. "Hypertension stages and their associated risk factors among adult women in India." Journal of Population and Social Studies [JPSS] 25.1 (2017): 43-54.**9.****Enu Anand****, Sayeed Unisa, and Jayakant Singh. "Menstrual hygiene management among young unmarried women in India." Social Science Spectrum 1.1 (2015): 20-31.**10.Jayakant Singh and* ***Enu Anand****. "The nexus between child marriage and women empowerment with physical violence in two culturally distinct states of India." International Journal of Population Research 2015 (2015).**11.****Enu Anand*** *and Sayeed Unisa. "The Nuptial Preference Change for the Men Belonging to Poor Sex Ratio Regions? A Content Analysis Approach based on Matrimonial Advertisements."**12.****Enu Anand****, Prakash Kumar, Sayeed Unisa, and Jayakant Singh. "Neglect of menstrual disorders in reproductive health Care in India: a population-based survey." Women's Reproductive Health 5, no. 4 (2018): 287-300.**13.Mahesh R. Shete, Prakash Kumar,* ***Enu Anand****, Jayakant Singh, and Manas Ranjan Pradhan. "Discontinuation of modern contraception methods due to side effects and method failure in India: an analysis using reproductive calendar data." International Journal of Reproduction, Contraception, Obstetrics and Gynecology 10, no. 9 (2021): 3463.*CONFERENCES & WORKSHOPS (SELECTED) * Participated in the training workshop on **“Demography of Gender Bias**” organised by INED Paris and CSRD at JNU New Delhi
* Participated in the workshop on **“Scientific Writing in Research**” at IIPS Mumbai from 11th-15th Dec 2015. 3
* Participated in **“Global Health and Development-Summer School”** organised by IIT Gandhinagar and the University of Saskatchewan at the Indian Institute of Technology, Gandhinagar, Gujarat, from 15th-15th June 2015
* Participated in the workshop “**GIS and Its Applications**” organized at IIPS from 16th- 22nd July 2014
* Participated in “**Lecture Series and Workshop on Mathematical Demography and Population Dynamics”** (LSWPD) organised by IIPS
* “The Relationship between Spousal Violence, Non-use of Contraception and Unwanted Pregnancies among Young Ever-Married Women in South Asia", presented at the 2016 International Conference on Family Planning, January 25-28, Nusa Dua, Bali, Indonesia.
* “Blood, Sweat, Money and Dummy Tummies: Surrogates in India” presented at “8th Asia Pacific Conference on Reproductive and Sexual Health and Rights”, 23-26 Feb at MICC-II, Nay Pyi Taw, Myanmar.
* “The Impact of Intimate Partner Violence on Unintended Pregnancies among Young Women in South Asia” paper presented at Seminar on Unintended Pregnancies among the Youth: Correlates and Consequences, 1-2 Dec 2014,Bangkok, Thailand
* “Marriage Migration in India: The Enlargement of Marriage Markets in the Era of Declining Sex Ratios”, presented at the Conference on Migration and Marriage in Asia, organised by the Asia Research Institute, National University of Singapore, held on 26-27 July 2016.

Awards**CEO Award** for Best Performance by Swades Foundation, Mumbai**Awarded small PhD Grant** for PhD field work qualitative data collection on “The Process, Phenomenon and Implications of Across-region Marriages as a response to Marriage Squeeze in Punjab & Haryana” from **Parkes Foundation, UK**, United Kingdom**Youth Best Research Paper Award** | IASSH Conference, 2014 UGC NET qualified, MumbaiReferencesReferences available upon request |  | DetailsMumbai, India097572 41015enuanand@hotmail.comLinks[Researchgate](https://www.researchgate.net/profile/enu_anand)[linkedin](https://in.linkedin.com/in/enu-anand-2a346950)Skills

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| Scientific Writing-White Papers, Proposal Development & Grant Writing |
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| STATA, SPSS, Power BI, WHO Anthro, Survey CTO |
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| Statistical Data Analysis |
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| Quantitative & Qualitative Research |
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| Program Evaluation (OECD & SROI frameworks) |
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| Research Protocols & IRB Submissions |
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| Monitoring, Evaluation, Research |
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| Technical Demography |
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Languages

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| English |
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