

NANDITA BAJAJ

Senior Instructor, Antioch University; Executive Director, Population Balance
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RESEARCH INTERESTS

Pronatalism, patriarchy, reproductive rights, procreative justice, ecological overshoot, population, human supremacy, children's rights, animal rights, ecological justice, planetary health

EDUCATIONAL BACKGROUND

Master of Humane Education (Pronatalism, Human Supremacy, and Overshoot) <i>Institute for Humane Education, Antioch University</i>	2019 - 2021
Bachelor of Education, Intermediate/Senior Level (Mathematics, Physics, Philosophy) <i>Ontario Institute for Studies in Education, University of Toronto</i>	2008-2009
Bachelor of Aerospace Engineering <i>Toronto Metropolitan University</i>	2001-2005

EMPLOYMENT HISTORY

Executive Director <ul style="list-style-type: none">Overseeing all organizational programs, operations, staff, finances, and fundraising effortsProducing and hosting OVERSHOOT (top 1.5% rank) and Beyond Pronatalism (top 5 % rank) podcastsAdvancing the organization's mission to inspire narrative, behavioral, and system change that shrinks our human impact and elevates the rights and wellbeing of people, animals, and the planet through podcasts, public presentations, media articles, and peer-reviewed research	<i>Population Balance</i>	2021 - pres.
Senior Lecturer <ul style="list-style-type: none">Teaching graduate courses: Ecological Ethics; Human Rights; Pronatalism, Population, and the PlanetResearching and writing peer-reviewed articles	<i>Antioch University</i>	2021 - pres.
Director of Admissions <ul style="list-style-type: none">Overseeing the school's merit-based admission through an equitable and inclusive outreach processEnsuring the successful integration of new students into the school's academic and co-curricular lifeOrganizing school tours, open houses, admission interviews, and orientation eventsSupervising the school's Animal Justice Club	<i>University of Toronto Schools</i>	2016 - 2021
Teacher - Math, Physics, Psychology <ul style="list-style-type: none">Teaching courses in Grades 9-12 science, mathematics, physics, and psychologySupporting the schoolwide numeracy group, convening the regional chess league, and supervising the school's chess club, Global Ideas Institute student team, and math clubLeading professional development opportunities for teachers across the school board in the areas of astronomy, climate change, and using technology in the classroom	<i>Northview Heights Secondary School</i>	2009 - 2016
Aerospace Engineer <ul style="list-style-type: none">Performing in-flight cabin noise measurement and analysis on regional and business aircraftSupporting all vibration troubleshooting, testing, and qualification of aircraft componentsOrganizing the Bombardier Acoustics and Vibration Symposium bringing together acoustics specialists from Europe, United States, and Canada	<i>Bombardier Aerospace</i>	2005 - 2008

WEBSITE AND FILM PROJECTS

- Bajaj, Nandita (subject expert) in 2025 documentary film "Greenwashed" by Sofia Pineda Ochoa
- Bajaj, Nandita (subject expert) in 2023 short film "Behind Every Number, a Person: Reflections on the International Conference on Population and Development" by Population Institute
- Bajaj, Nandita and Robert Engelman (Authors). Birthgap Facts (Website)

PUBLICATIONS

Academic Publications

- Bajaj, Nandita, Michele Goodwin, and J. Shoshanna Ehrlich. "Ask a Feminist: Pronatalism: A Conversation with Nandita Bajaj and Michele Goodwin." *Signs: Journal of Women in Culture and Society*, vol 52, no. 1, Autumn 2026. <https://doi.org/10.1086/741628>
- Bajaj, Nandita, and Kirsten Stade. "Animal Liberation Through Procreative Justice". *Expanding the Critical Animal Studies Imagination: Essays in Solidarity and Total Liberation*, Peter Lang, New York, 2024.
- Bajaj, Nandita, et al. "Confronting The United Nations Pro-growth Agenda". *The Journal of Population and Sustainability*, vol. 8, no. 2, 30 July 2024, pp. 15–44, <https://doi.org/10.3197/jps.63799977346495>.
- Bajaj, Nandita, and Kirsten Stade. "Restoring Balance Through Procreative Responsibility" in *Cohabiting Earth: Seeking a Bright Future for All Life*, State University of New York, S.I., 2024.
- Merz, Joseph J, et al. "World Scientists' Warning: The Behavioural Crisis Driving Ecological Overshoot". *Science Progress*, vol. 106, no. 3, July 2023, <https://doi.org/10.1177/00368504231201372>.
- Bajaj, Nandita, and Kirsten Stade. "Challenging Pronatalism Is Key To Advancing Reproductive Rights And A Sustainable Population". *The Journal of Population and Sustainability*, vol. 7, no. 1, 3 February 2023, pp. 39–70, <https://doi.org/10.3197/jps.63799953906861>.

Media Publications and Interviews

- Bajaj, Nandita and Pamela Mahoney Tsigdinos. "The 'Fertility' Industry and the Myth of a Birth Rate Crisis". *Repro Uncensored*. 12 Jun. 2026
- Jensen, Robert, and Nandita Bajaj. "Nandita Bajaj: Confronting Patriarchy, Pronatalism, And Population Denial". *3 Quarks Daily*, 17 Mar. 2026
- Bajaj, Nandita. "The Most Appropriate Response to Falling Birthrates? Embrace Them". *Inter Press Services*, 12 Mar. 2026
- Demby, Gene, B.A. Parker, and Nandita Bajaj. "How Elon Musk And JD Vance Plan To 'Save Civilization' With More Babies". *National Public Radio*, 29 Oct. 2025
- Bajaj, N. "'Progressive Pronatalism' Is An Oxymoron: How Arguments Buying Into The Low-Fertility Panic Fail Women". *Ms. Magazine*, 21 Jul. 2025
- Bajaj, N. "To Keep Canada Off Trump's Authoritarian Path, We Must Reject Pronatalism And Protect Women's Rights". *The Toronto Star*, 26 Apr. 2025
- Morrison, Davelle and Nandita Bajaj. "Birth Rate In Decline". Toronto 640 AM Radio, 26 Apr. 2025
- Bajaj, Nandita. "Confronting Pronatalism Is Essential For Reproductive Justice And Ecological Sustainability". *New Security Beat*, 26 Nov. 2024.
- Bajaj, Nandita, and Amrita Nandy. "Why Chandrababu Naidu And M K Stalin Are Wrong — And How Their Ideas On Reproduction Turn The Clock Back". *The Indian Express*, 1 Nov. 2024.
- Bajaj, Nandita. "Making More Babies To Drive Economic Growth". *Counterpunch*, 4 June 2024.
- Ketcham, Christopher, Nandita Bajaj, William Rees, and Rex Weyler. "Too Much? Too Little? Too Late?" *Truthdig*, 6 Dec. 2023.
- Erickson, Christine, Nandita Bajaj, and Therese Shechter, "How Pronatalism is Weaponizing Fertility

- Decline & Childlessness". *New Legacy Radio*. 5 Sep. 2023
- Bajaj, Nandita. "Reproductive Rights Are Under Threat". Received by The Editor, *The Guardian*, 13 Aug. 2023.
 - Kent, Kate Archer, and Nandita Bajaj. "A Minnesota Nonprofit's Solutions to Human Overpopulation". *The Morning Show, Wisconsin Public Radio*, 2 Aug. 2023.
 - Bajaj, Nandita. "Population Growth Is Not Good For People Or The Planet." *Inter Press Service*, 23 May 2023.
 - Bajaj, Nandita. "Coercive Pro-Birth Policies Have Devastating Impacts On People And The Planet". *Newsweek*, 28 Feb. 2023.
 - Kirkey, Sharon, and Nandita Bajaj. "The New Push For More Babies: How Tech Elites Think It Will Save the Planet". *National Post*, 27 Jan. 2023.
 - McDonald, Bob, and Nandita Bajaj. "Next Week There Will Be 8 Billion of Us, And That's Already Too Many". *Quirks and Quarks, CBC*, 10 Nov. 2022.
 - Bajaj, Nandita. "Dismissal Of 'Population Alarmism' Is Rooted In Pronatalist Ideology". *In Depth News*, 3 Nov. 2022.
 - Bajaj, Nandita. "Abortion Bans Are A Natural Outgrowth Of Coercive Pronatalism". *Ms. Magazine*, 6 Jul. 2022.
 - Bielski, Zosia, and Nandita Bajaj. "Pope Francis's Criticism of Childless Couples Hurts Parents and Nonparents Alike". *The Globe and Mail*, 14 Jan. 2022.

INVITED LECTURES AND INTERVIEWS

- "Challenging Pronatalism Is Key to Advancing Reproductive Rights and a Sustainable Population," University of North Carolina Greensboro, Greensboro, NC, 11 Jun. 2026
- "Confronting Population Denial Amid Unraveling Crises," University of Denver Graduate School of Social Work, Denver, CO, 12 May 2026
- "Introduction to Ecological Overshoot," University of Toronto Schools, Toronto, ON, 27 Apr. 2026
- "Others Like Me: Nicole Louie and Molly Peacock in conversation with Nandita Bajaj, Another Story Bookshop, Toronto, ON, 23 Apr. 2026
- "There Is Never A Feminist Case For Pronatalism," Women Deliver 2026 Pre-Conference Story Pitch Media Event, 21 Apr. 2026
- "Debunking Pronatalist Claims" with Nandita Bajaj, Zachary Neal, and Jennifer Watling Neal. *The Dissenter Podcast*, Mar 17. 2026
- "Pronatalism: A Conversation with Nandita Bajaj and Michele Goodwin," *Ask a Feminist Podcast*, *Signs Journal*, Mar 3. 2026
- "Animal Liberation Through Procreative Justice," University of Toronto Animal Law, Toronto, ON, 13 Jan 2026
- "Addressing Low-Fertility Alarmism," *World Vasectomy Day*, 14. Nov 2025
- "A Debate on Low Fertility: Should We Fear Falling Birthrates?" *International Conference on Family Planning*, Bogotá, Colombia, 4 Nov. 2025
- "Introduction to Ecological Overshoot," *Ontario Institute for Studies in Education*, University of Toronto, Toronto, ON, 20 Oct. 2025
- "Confronting Population Denial," *Humanist Community in Silicon Valley*, CA, 19 Oct. 2025
- "Pronatalism, Population, and Ecocide," *McGill Community for Lifelong Learning*, Montreal, QC, 12 Sep. 2025
- "How Population Myths Shape Our Crises," *Global Footprint Network*, 11 Jul. 2025
- "Misplaced Alarm: Correcting the Record on Population Trends," *Population Institute Media Briefing*, Washington, DC, 27 Jun. 2025
- "Confronting Low-Fertility Alarmism" *Norwegian Institute for Public Health*, Oslo, Norway, 13 Jun. 2025

- "Challenging Pronatalism Is Key to Advancing Reproductive Rights and a Sustainable Population," University of North Carolina Greensboro, Greensboro, NC, 5 Jun. 2025
- "Confronting Pronatalism & Human Supremacy to Advance Social and Ecological Justice," University of Denver Graduate School of Social Work, Denver, CO, 20 May 2025
- "An Introduction to Pronatalism," Boston Architectural College, Boston, MA, 19 Feb. 2025
- "Confronting Population Denial within the United Nations," Population Connection, Washington, DC, 29 Jan. 2025
- "Using the Power of Storytelling to Challenge Pronatalism," Population Media Center, South Burlington, VT, 28 Jan. 2025
- "Confronting Population Denial," Gonzaga University, Spokane, WA, 3 Dec. 2024
- "Connecting the Dots between Reproductive Autonomy and Environmental Sustainability," University of Toronto Senior College, Toronto, ON, 16 Oct. 2024
- "Reversing Ecological Overshoot," Boston Architectural College, Boston, MA, 2 Oct. 2024
- "The Right to Reproductive Autonomy," United Nations General Assembly 79: Her Power Summit, New York, NY, 18 Sep. 2024
- "Voters Without Children Zoom Call," The Alliance of Childfree Voters, 9 Sep. 2024
- "Confronting Growthism and Pronatalism for Social and Ecological Justice," Degrowth Aotearoa, Aotearoa, New Zealand, 15 Aug. 2024
- "Never Mention Population," Post Carbon Institute, Corvallis, OR, 24 Jul. 2024
- "Reversing Ecological Overshoot," Population Matters London Group, London, UK, 25 Jul. 2024
- "Confronting Population Denial Amid the Unraveling Polycrisis," Canadian Association for the Club of Rome, Canada, 19 Jun. 2024
- "Confronting Pronatalism," University of North Carolina Greensboro, Greensboro, NC, 6 Jun. 2024
- "Confronting Pronatalism & Human Supremacy: The Key to Advancing Social and Ecological Justice," University of Winchester, Winchester, UK, 30 Apr 2024
- "Challenging Pronatalism Is Key to Advancing Reproductive Rights and a Sustainable Population," Panteion University, Athens, Greece, 11 Apr. 2024
- "Addressing Ecological Overshoot," Sutherland Secondary, Vancouver, BC, 26 Mar. 2024
- "Confronting Technological Fundamentalism Amid Socio-Ecological Unraveling," University of Denver Department of Geography & the Environment, Denver, CO, 22 Feb 2024
- "Confronting Pronatalism and Human Supremacy," University of Denver Sturm College of Law, Denver, CO, 21 Feb 2024
- "Addressing Pronatalism and Human Exceptionalism," Fort Lewis College Life-Long Learning Program, Durango, CO, 15 Feb. 2024
- "Challenging Human Supremacy," Durango Rotary Club, Durango, CO, 14 Feb. 2024
- "Navigating (Non)/Motherhood Within a Pronatalist Landscape," The University of Texas at Arlington, Arlington, TX, 13 Feb. 2024
- "Confronting Human Exceptionalism," Canisius University, Buffalo, NY, 18 Jan. 2024
- "Addressing Ecological Overshoot," Doshisha Women's College of Liberal Arts, Kyoto, Japan, 16 Dec. 2023
- "Introduction to Ecological Overshoot," University of Toronto Schools, Toronto, ON, 8 Dec 2023
- "COP 28, Climate Change & SRHR," Family Planning News Network Media Briefing, 30 Nov. 2023
- "Connecting the Dots Between Reproductive Autonomy and Environmental Sustainability," Ontario Association for Geography and Environmental Education, Toronto, ON, 13 Oct. 2023
- "Human Expansionism, Reproductive Rights, and Animal Exploitation," Canadian Animal Law Conference, Toronto, ON, 1 Oct. 2023
- "Climate Action, Sustainability and Population Dynamics - Placing Girls and Women in Focus," International Conference on Sustainability Education, New Delhi, India, 11 Sep 2023
- "Pronatalism and its Impact on Reproductive Autonomy," National Law School of India University, Bengaluru, India, 22 Aug. 2023

- "Pronatalist Propaganda," Childfree Convention, 1 Aug. 2023
- "Population Aging and Pronatalist Policies," University of North Carolina Greensboro, Greensboro, NC, 8 Jun. 2023
- "Confronting Pronatalism & Human Supremacy," University of Winchester, Winchester, UK, 25 Apr. 2023
- "Pronatalism and Reproductive Injustice," Syracuse University, Syracuse, NY, 19 Apr. 2023
- "Unpacking Pronatalism," University of New Brunswick, St. John, NB, 11 Apr. 2023
- "Do We Owe the World Children?" Doha Debates, Doha, Qatar, 15 Mar. 2023
- "How Pronatalism Feeds The Economy," Planet: Critical Podcast, 13 Mar. 2023
- "Connecting the Dots Between Reproductive Autonomy and Environmental Sustainability," University of Oxford, Oxford, UK, 9 Mar. 2023
- "Bringing Population Back into Sustainability Discourse," Women and Climate, 7 Mar. 2023
- "Connecting the Dots Between Reproductive Autonomy and Environmental Sustainability," University of Denver Center for a Regenerative Future, Denver, CO, 28 Feb. 2023
- "Challenging Pronatalism is Key to Advancing Reproductive Rights and a Sustainable Population," Wells College, Aurora, NY, 30 Jan. 2023
- "Introduction to Pronatalism," University of Toronto Schools, Toronto, ON, 22 Dec. 2022
- "What is Pronatalism?" Family Planning News Network, Pattaya, Thailand, 15 Nov. 2022
- "Pronatalism: Outdated, Unfair, and Unsustainable in a World of 8 Billion," Population 8 Billion Podcast, Burlington, VT, 15 Nov. 2022
- "Challenging Pronatalism is Key to Advancing Reproductive Liberation and Planetary Health," International Conference on Family Planning, Pattaya, Thailand, 14 Nov. 2022
- My So-Called Selfish Life Toronto Film Screening: Panel Discussion, Toronto, ON, 26 Oct. 2022
- "Confronting Pronatalism & Human Supremacy: The Key to Advancing Social and Ecological Justice," University at Buffalo, Buffalo, NY, 17 Oct. 2022
- "Connecting the Dots Between Reproductive Autonomy and Environmental Sustainability," Ontario Association for Geography and Environmental Education, Toronto, ON, 14 Oct. 2022
- "Addressing the Impacts of Human Population Pressures on Animals," Canadian Animal Law Conference, Toronto, ON, 17 Sep. 2022
- "The Link between Reproductive and Animal Injustice," Sentient Media, San Francisco, CA, 19 Jul, 2022
- "Pronatalism and Overpopulation: Challenging the Social Pressures to Have Children," Population Connection, Washington, DC, 13 Jul. 2022
- "An Eye-Opening Discussion On Practical Solutions To Human Overpopulation," Rewilding Earth Podcast, The Rewilding Institute, Albuquerque, NM, 16 Jun. 2022
- "Reproductive, Ecological & Intergenerational Justice," The Global Witness, London, UK, 10 May 2022
- "Exploring Our Relationship to Animals in Classrooms and School Communities," Association of Professional Humane Educators, Poway, CA, 26 Apr. 2022
- "Pronatalism and Overpopulation: Challenging the Social Pressures to Procreate," Rensselaer Polytechnic Institute, Troy, NY, 1 Apr. 2022
- "Sustainable Population Initiatives and Policies: Past and Present," Institute for Learning in Retirement, Gainesville, FL, 24 Mar. 2022
- "The Pervasive Influences of Pronatalism and Human Exceptionalism," University of Denver Graduate School of Social Work, Denver, CO, 3 Mar. 2022
- "Addressing Ecological Overshoot, Pronatalism, and Human Exceptionalism," Sutherland Secondary, Vancouver, BC, 1 Mar. 2022
- "Population Pressures and Pronatalism," George Brown College, Toronto, ON, 14 Feb. 2022
- "Impact of Human Population Pressures on Animals," Animal Law Conference, 17 Oct. 2021
- "8 Billion Angels Film Screening and Panel Discussion," The Center for Biological Diversity, Tucson, AZ, 24 Jun. 2021