

## SUMMARY

I am formally trained in Demography and Geography. In September 2024, I have submitted my doctoral thesis and waiting for my Viva-voce which will be held tentatively in March 2025. I have done PhD in a Population Studies with a focus on financial and time transfers between generations and its association with older adults well-being. Have more than three years of research work experience. Proficient in quantitative and qualitative methodologies, I excel in oral and written communication in English. Enthusiastic and self-motivated problem solver, driven by a keen interest in enhancing my expertise in the development sector. Dedicated to advancing research knowledge and thriving in collaborative, multidisciplinary environments. My ultimate goal is to become an expert in the social science field, contributing to societal development through informed policy decisions.

## PROFESSIONAL EXPERIENCE

<b>Consultant-IT/HMIS Expert</b>	Nov '24 - Present
<b>Public Health Foundation of India</b>	New Delhi, India
I am working as consultant in the project titled Independent Verification for Transforming India's Public Health Systems for Pandemic Preparedness (PHSPP) & India's Enhanced Health Services Delivery Program (EHSPP)	
<b>Project Officer (Research)</b>	Sep '18 - Nov '18
<b>International Institute for Population Sciences</b>	Mumbai, India
As Project Officer in Process Evaluation & Concurrent Monitoring of Pradhan Mantri Matru Vandana Yojana (PMMVY) project I played a key role in activities like designing survey instruments, conducted qualitative data collection from pregnant women & lactating mothers in Satara & Thane districts. Evaluated this scheme through field visits & meetings with officials. Analyzed collected qualitative data & produced comprehensive evaluation reports.	
<b>Project Coordinator cum Data Analyst</b>	Nov '16 - Jan '18
<b>International Institute for Population Sciences</b>	Mumbai, India
As a Project Coordinator for the SWABHIMAAN project I directed the creation of survey tools and manuals. I have provided training to the AIIMS Raipur faculties on survey tool implementation in the field. Along with faculties of AIIMS, Raipur I also engaged in providing training to the field investigators. I have also ensured data quality by conducting regular monitoring & evaluation of field investigators through back checks and spot checks, ensuring effective project coordination. Additionally, performed Data Analyst duties, including data cleaning, analysis, & thematic paper writing.	
<b>Project Officer (Research)</b>	May '15 - Nov '16
<b>International Institute for Population Sciences</b>	Mumbai, India
Appointed as Project Officer on Longitudinal Ageing Study in India (LASI) project where I was engaged in designing LASI survey instruments and manuals, prepared PowerPoint presentations for assigned tasks. Analyzed LASI pretest-2 data to assess quality and consistency, refining survey tools based on insights for high-quality data collection. Provided comprehensive training to field agencies for LASI survey data collection.	
<b>Project Officer (Research)</b>	Dec '13 - Jul '14
<b>International Institute for Population Sciences</b>	Mumbai, India
Appointed as Project Officer on Longitudinal Ageing Study in India (LASI) project where I designed LASI survey instruments & manuals. Also prepared PowerPoint presentations for assigned tasks. Monitored LASI pretest-1 field investigators, analyzed pretest data to ensure data quality, and enhanced survey tools based on pre-test findings.	
<b>EDUCATION</b>	
<b>Doctor of Philosophy (Ph.D.), Population Studies</b>	Nov '18 - Apr '25
<b>International Institute for Population Sciences</b>	Mumbai, India
Thesis Title: Family Structure, Intergenerational Transfers and the Well-being of Older Adults in India	
<b>Master of Philosophy (M.Phil.), Population Studies</b>	Jul '14 - May '15
<b>International Institute for Population Sciences</b>	Mumbai, India
Dissertation Title: Dynamics of Women's Work in Mumbai Slums (based on primary survey conducted by me)	
<b>Master of Population Studies (MPS)</b>	Aug '12 - Jun '13
<b>International Institute for Population Sciences</b>	Mumbai, India
Term Paper Title: Understanding the Health Providers' Responsiveness towards Tobacco Cessation Efforts in India	
<b>Master of Arts (M.A.), Geography</b>	Jun '08 - Jun '10

## EXAMS QUALIFIED

UGC-NET (Population Studies)

Jun '13

MH-SET (Geography)

Mar '23

## PUBLICATIONS AND WORKING PAPERS

- **Nagargoje, V.**, Dilip, T. R., Prasad, J., & James, K. S. (2024). Role of Family Structure in the Pattern of Intergenerational Monetary Transfers in India: A Parental Gender-Based Perspective. *Global Social Welfare*. <https://doi.org/10.1007/s40609-024-00344-8>
- **Nagargoje, V. P.**, James, K. S., & Muhammad, T. (2022). Moderation of marital status and living arrangements in the relationship between social participation and life satisfaction among older Indian adults. *Scientific Reports*, 12(1), 1-14. <https://doi.org/10.1038/s41598-022-25202-5>
- Hossain, B., **Nagargoje, V. P.**, Sk, M. I. K., & Das, J. (2022). Social exclusion and mental health among older adults: cross-sectional evidence from a population-based survey in India. *BMC Psychiatry*, 22(1), 1-12. <https://doi.org/10.1186/s12888-022-04064-1>
- Hossain, B., James, K. S., **Nagargoje, V. P.**, & Barman, P. (2021). Differentials in private and public healthcare service utilization in later life: do gender, and marital status have any association? *Journal of Women & Aging*, 1-11. <https://doi.org/10.1080/08952841.2021.2011562>
- Hossain, B., Yadav, P. K., **Nagargoje, V. P.**, & Vinod Joseph, K. J. (2021). Association between physical limitations and depressive symptoms among Indian elderly: marital status as a moderator. *BMC Psychiatry*, 21, 573. <https://doi.org/10.1186/s12888-021-03587-3>
- Chattopadhyay, A., Sethi, V., **Nagargoje, V. P.**, Saraswat, A., Surani, N., Agarwal, N., Bhatia, V., Ruikar, M., Bhattacharjee, S., Parhi, R. N., Dar, S., Daniel, A., Sachdev, H. P. S., Singh, C. M., Gope, R., Nath, V., Sareen, N., De Wagt, A., & Unisa, S. (2019). WASH practices and its association with nutritional status of adolescent girls in poverty pockets of eastern India. *BMC Women's Health*, 19, 89. <https://doi.org/10.1186/s12905-019-0787-1>
- **Nagargoje V.**, Dilip T.R., James, K. S. (Preprint). Intergenerational Financial Transfers and Family Structure in India: Evidence from LASI, 2017-18.
- Prasad J., Rajak R., Sekher T. V., **Nagargoje V.**, Nirbhav. (Under Review). Exploring the Impact of Disasters on the Health of Middle-Aged and Older Adults in India: Evidence from a Nationally Representative Survey

## INTERNATIONAL AND NATIONAL CONFERENCES

- Oral presentation on the topic entitled "*Financial Transfers and the Well-being of Older Adults: Insights from LASI*" at the **30th International Population Conference (IPC) in Brisbane, Australia** from 13 to 18, July 2025.
- Oral presentation on the topic entitled "*Intergenerational Financial Transfer and Family Structure in India: Evidence from LASI, 2017-18*" at the **Annual Scientific Meeting of the Gerontological Society of America (GSA) in Tampa, Florida** from 8 to 12, November 2023.
- Oral presentation on the topic entitled "*Disaster and its Effect on Health and Wellbeing of Older Adults: Evidence from the Longitudinal Aging Study in India (LASI)*" at the **9th EUGEO Congress 2023 organized by The Universitat De Barcelona**, during 4-7 September 2023.
- Oral presentation on the topic entitled "*Intergenerational Financial Transfers of Older Adults in India: Evidence from the Longitudinal Aging Study in India Wave-1*" at the **Population Association of Singapore (PAS) 2023 Annual Meeting in Singapore**, co-organized by the Population Association of Singapore and Centre for Family and Population Research, during 11-12 May 2023.
- Oral presentation on the topic entitled "*Intergenerational Financial Transfers among Indian Families: Does Gender Plays a Different Role?*" at the **International Conference organized by the Indian Association for Social Sciences and Health (IASSH) jointly with Sharda University, Greater Noida (UP)** during 15-17 March 2022.
- Oral presentation on the topic entitled "*Social participation and associated life satisfaction among older adults in India: moderating role of marital status and living arrangements*" at the **5th Edition of Aging and Gerontology conference** from 24 to 25, October 2022.
- Poster presentation on "*Dynamics of Work and Job Seeking Behavior of Slum Dwelling Women of Mumbai City*" in the **5th APA conference** held from 3rd to 5th August 2021.
- Oral presentation on a topic entitled "*Measuring the Perception of Women towards Participation in Employment in Slum Dwellings of Mumbai City*" at the **37th IASP Annual Conference on Population and Sustainable Development** at IEG, Delhi, India, held from 7th to 9th December 2016.
- Oral presentation & participation for the Best Paper on a topic entitled "*Dynamics of Women's Work and Challenges: A Study of Slum Dwelling Women in Mumbai*" at the **International Conference on Women Studies & Social Sciences at Carmel College of Arts, Science & Commerce for Women, Nuvem, Goa, India** held from 3rd to 5th March 2016.
- Poster presentation on a topic entitled "*Perception of women towards participation in employment: A Study on Mumbai's Slum Women*" in **13th IASSH Annual Conference on Health and Development: Research, Practice, and Policy** at the University of Kerala, Thiruvananthapuram, India, held during 10-12 December 2015.
- Oral presentation on a topic entitled "*Understanding the Health Providers' Responsiveness Towards Tobacco Cessation Efforts in India*" in the **36th IASP National Seminar on Population, Health, and Development** at the University of Kerala, Thiruvananthapuram, Kerala, held from 7th to 9th November 2014.

## WORKSHOPS AND TRAININGS

- Attended a five-day workshop on "**Health Programmes and Impact Evaluation Methods**," organized by IHEPA in collaboration with IIPS, Mumbai during 20th to 24th, March 2023.

- Participated in a one-day online workshop on "**Introduction to the Human Mortality Database**," organized by IIPS, India, in collaboration with MPIDR, Germany, on September 9th, 2021.
- Accomplished an online workshop on "**Analytical Techniques for Statistical Analysis in Mental Health**," organized by NDDTC, AIIMS, New Delhi, during 15th to 23rd, July, 2021.
- Participated in an online workshop on "**Introduction to R: Demographic and Spatial Analysis**," organized by IIPS, India, in collaboration with MPIDR & FIPR, Germany, during 5th to 9th, April, 2021.
- Attended an online workshop on "**Data Analysis with R Programming**," organized by Meghnad Desai Academy of Economics, Pune, during October 29th to November 1st, 2020.
- Attended workshop on "**Short-Term Course on Statistical Techniques Using R Software**," organized by NIT, Hamirpur, during 9th to 14th, December, 2019.
- Completed short-term course on "**Qualitative Methods in Labour Research**," organized by the V.V. Giri National Labour Institute, Noida, during 7th to 18th, January, 2019.
- Attended the workshop on "**Scientific Writing**," sponsored by IIPS Alumni Association (IIPSAA) and organized by IIPS, Mumbai during 20th to 24th, December, 2018.
- Attended the workshop on "**GIS and its Applications**," organized by the Population, Human Settlement, and Environment (Pop-Envis) project of the Ministry of Environment and Forests (MoEF) GoI in collaboration with IIPS, Mumbai, during 16th to 22nd, July, 2014.
- Attended workshop on "**Environmental Sustainability and Modelling**," organized by Population, Human Settlement and Environment (Pop-Envis) project of Ministry of Environment and Forests (MoEF) GoI in collaboration with IIPS, Mumbai, during 13th to 15th, May, 2014.
- **Invited as Resource Person for a one-day training session on the application of statistical tests using STATA for employees of SNEHA organization, Mumbai on 11th January, 2018.**

## PEER REVIEW ACTIVITIES

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- Reviewed research articles for the **Journals Personality and Individual Differences, BMC Geriatrics, Journal of Gerontology: Psychological Sciences**  
Reviewed Abstracts for the **Gerontological Society of America (GSA) 2024 Annual Scientific Meeting.**

## TECHNICAL SKILLS AND KEY SKILLS

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### TECHNICAL SKILLS

STATA, SPSS, Microsoft Office, QGIS, GeoDa, ArcGIS, R-Studio, ATLASi, CSPro

### KEY SKILLS

Delivering lectures, Good communication Skills, Project Planning & Delivery, Data Management, Quantitative & Qualitative Analysis, Scientific Writing

## RESEARCH INTERESTS

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Population Aging, Gender Development, Nutrition and Health, Environmental Issues

## GRANTS AND AWARDS

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- **Indian Council of Social Science Research (ICSSR)** financial assistance for participating in 30th International Population Conference (IPC2025).
- **Gerontological Society of America Diversity (GSA) DMCDTaW Fellowship:** Diversity, Mentoring & Career Development Technical Assistance Workshop, 2023 (sponsored by NIA of the NIH).
- **International Conference Travel Grant from the Center of Demography of Gender (CDG),** IIPS, for GSA Annual Scientific Meeting 2023.
- **SRPP Travel Stipend Award from the Gerontological Society of America (GSA)** for GSA Annual Scientific Meeting 2023.
- **International Institute for Population Sciences conference participation travel grant** for Population Association of Singapore Conference 2023.
- **Venice International University (VIU) Scholarship:** Full scholarship recipient for Summer Institute on Ageing, VIU, Venice, Italy, June 2022.
- **Government of India Fellowship** for Ph.D. in Population Studies (2018-2023).
- **Dr. C. Chandrasekharan Young Scientist Award** for best paper presentation at 37th IASP conference, 2016.
- **Government of India Fellowship** during M. Phil. (2014-15) & MPS (2012-13).

## REFERENCE

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**Dr. Dilip T. R.**

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**Declaration:** I, hereby, affirm that information provided in this document is accurate and true to the best of my knowledge.

**Varsha Nagargoje**